

Many of your state of Minnesota colleagues have benefited from the help of AHA professionals.

“Years after I had a double mastectomy and breast reconstruction repair, I went to a surgeon because I had gotten sick from a saline solution leak. The surgeon told me that I needed surgery, but I needed to wait to get approval on the procedure from my insurance carrier. I called AHA for help and was connected to Peter. He acted as an advocate for me – making phone calls to make sure my surgery was approved quickly. In fact, even my surgeon was impressed because he had never seen such a fast approval turnaround!

A couple of years later, I called AHA again. Since I had turned 65 but wasn't yet on Medicare, there was confusion over my benefit coverage. I reconnected with Peter who made a phone call for me and walked me through following up with my insurance carrier. He even called me back to make sure my problem had been solved.

I am extremely impressed with AHA. Peter acted as an advocate for me, instructed me on following up and even called me back to check in. I couldn't have done it alone!”

*- State of Minnesota Employee*



Alternate formats of this document are available by calling 651-259-3637 (voice) or 651-282-2699 (TTY).

Get the support you need to make smart healthcare decisions with confidence.

**Call AHA!**



*a Minnesota Advantage Health Plan benefit*

Although Advantage Health Advisors (AHA) is a phone-based service, it's different from a nurse phone line. AHA professionals are health and benefit experts who work one-on-one with state of Minnesota employees to help you make informed decisions about your healthcare needs.

Call AHA 24/7 for help whether you're a Blue Cross, HealthPartners or PreferredOne member.

This service is available at no additional cost to you and is completely confidential.



Advantage Health Advisors (AHA) professionals save you time, connect you with resources and guide you through the healthcare system. Here's what they do:

**Provide you with healthcare resources and answer questions**

AHA professionals will connect you to credible resources and answer your tough healthcare questions. AHA can help you:

- Understand a new diagnosis
- Access the care you need
- Learn about and choose a treatment option
- Find a doctor, clinic or hospital right for you

Whether you are searching for medical information or looking for background on a top-rated doctor or a hospital's specialty, AHA professionals can connect you with credible resources so you can confidently select a doctor, choose a procedure and more.

**Develop a personal relationship**

AHA professionals work one-on-one with you to understand your unique situation. In fact, you'll be able to work with your own personal AHA expert every time you call. Your personal AHA professional can even access a medical director who can collaborate with your doctor to get you connected to the care you need.

**Help you make informed decisions**

AHA professionals will help you understand your healthcare options, identify issues important to you and guide you to resources so you can make an informed choice.

**Guide you through how to connect with appropriate coverage or care**

Dedicated to working with state of Minnesota employees and your dependents, AHA professionals are specially trained in your health benefits. Plus, AHA professionals are benefit specialists who can help guide you through the system so that you get the most out of your health benefits.

Take advantage of AHA today!  
Call 1-877-242-0111 or 952-883-5127 (TTY) or  
visit [www.advantagehealthadvisors.com](http://www.advantagehealthadvisors.com).

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