

AHA!

The support you need for
making health care decisions.



AHA!
Advantage Health Advisors

a Minnesota Advantage Health Plan benefit

If you've ever talked with a doctor and didn't quite understand what was said, Advantage Health Advisors (AHA) has you in mind. Maybe you need help understanding treatment options. Or maybe you just need help finding a doctor.

AHA puts your interests first. It is a phone-based service. But it's different from a nurse phone line. The people who answer your call are health and benefit experts who are solely dedicated to working with state of Minnesota employees. This helps you make good choices about your health care.

Call AHA 24/7 for help. It doesn't matter if you're a Blue Cross, HealthPartners or PreferredOne member. AHA is here to help.

AHA adds no extra cost to you and is completely private.



AHA staff:

- Save you time
- Connect you with resources
- Guide you through the health care system.

Resource guidance; questions answered

AHA will connect you to credible resources and answer your tough questions. AHA can help you:

- Understand a diagnosis
- Access care you need
- Learn about and choose a treatment option
- Find a doctor, clinic or hospital right for you
- Understand and manage your prescriptions
- Look for a top-rated doctor
- Check on a hospital's specialty
- Connect you with resources

Build a private relationship

AHA experts work one-on-one with you to understand your unique needs. In fact, you'll be able to work with your own personal AHA expert every time you call. Your expert even has access to a medical director, who then works with your doctor to get you connected to the care you need.

Help in making informed choices

AHA will help you understand your options. Experts can spot what is important to you. Then they guide you to resources so you can make a good choice.

Help finding the appropriate coverage or care

AHA staff is dedicated to working with you and your dependents. Plus, AHA benefit specialists can help guide you through the health care system. That way you get the most out of your benefits.

Take advantage of AHA today! Call 1-877-242-0111 or 952-883-5127 (TTY) or visit www.advantagehealthadvisors.com.

Looking for that AHA moment?

Here's what one of your coworkers has to say about AHA.

“Years after I had a double mastectomy and breast reconstruction repair, I went to a surgeon because I had gotten sick from a saline solution leak. The surgeon told me that I needed surgery, but I needed to wait to get approval on the procedure from my insurance carrier. I called AHA for help and was connected to Peter. He acted as an advocate for me – making phone calls to make sure my surgery was approved quickly. In fact, even my surgeon was impressed because he had never seen such a fast approval turnaround!

A couple of years later, I called AHA again. Since I had turned 65 but wasn't yet on Medicare, there was confusion over my benefit coverage. I reconnected with Peter who made a phone call for me and walked me through following up with my insurance carrier. He even called me back to make sure my problem had been solved.

I am extremely impressed with AHA. Peter acted as an advocate for me, instructed me on following up and even called me back to check in. I couldn't have done it alone!”

- State of Minnesota Employee

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